

INFORMATION ON PROCEDURES FOR THE HERITAGE ORGANIC FARM BOX CLUB

Heritage Organic Farm grows and distributes certified organic food in the coastal region of Georgia and South Carolina. Nutritionally balanced boxes consisting of 4 to 5 vegetables and 4 to 5 fruits are packed weekly. Our box menus differ weekly. Our nutritionist helps to design the boxes so they are balanced and also helps with special need boxes, such as a low glycemic, a low carb, a high antioxidant, or an immune booster box. Recipes, nutritional notes and notices of special events are emailed frequently. All fruits and vegetables included in the boxes are certified organically grown and as local as possible to maintain a nutritional balance. In season, most of the veggies and some of the fruits come from our 20 acre certified organic farm in Effingham County.

Contact Information:

Heritage Organic Farm
191 Kelly Dr.
Guyton, GA 31312

Phone & Fax (912) 728-3708
Email – heritageorganicfarms@comcast.net
Website – heritageorganicfarm.com

How to Join:

You may sign up to join our box co-op either by telephone or e-mail. You will need to submit an application and payment in order to activate your service. You can choose to receive a box weekly if you are local otherwise, the delivery is every other week.

Box Contents:

The Original - a nutritionally balanced box with 4 or 5 fruits and 4 or 5 vegetables - \$35 base price
(you may choose 80% vegetables and 20% fruit, 100% veg or vice versa)

Payment & Pickup Information:

***Farm Pickup** – To pick up your first box, you must prepay when signing up for the service. You may prepay by sending a check or paying online on our website, www.heritageorganicfarm.com. After the first box, you may pay with check or cash at time of pickup. If you do not want your regularly scheduled box, you can let us know by writing a note on the big calendar in the packing building, calling or emailing but it must be SEVEN DAYS before the pickup day. Farm boxes not picked up by Saturday evening will be given to a needy family, but you will still be held responsible for payment.

***All Other Pickup Locations** – You can mail a check to arrive on the Monday prior to the scheduled delivery date. We suggest that you prepay by the month, if possible. Make checks payable to Heritage Organic Farm.

Please write the delivery dates you are paying for on the bottom of the check. **OR**

You can choose to pay online through our website under Box Member Info. (Note: There is a fee for the online payment option.) We need to know, by email or phone, a week ahead if you need to cancel your box.

Pickup Location	Pickup Times	Boxes (incl. sales tax & delivery charge)
the Farm (call for directions)	3:00 - 6:30 P.M.	\$35.00
Studio Beaumonde - Savannah, GA	12:30 - 6:00 P.M.	\$37.50

Menu Considerations:

When you sign up, we will get information from you about your likes and dislikes. This info is considered when your box is assembled so that food you do not like or cannot eat will be exchanged for another food of equal nutritional value. On the info sheet, you may also want to let our nutritionist know of any physical condition that you would like to be addressed when designing your box.